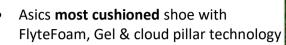
asics

Pitch: 10mm

Cost: \$240

Weight: 310g



Nimbus 23

- 13mm pitch in the women's model
- Nimbus Lite offers a 35g lighter alternative



Cumulus 23

Pitch: 10mm

Cost: \$200

Weight: 280g

 More ideal for Orthotics with a deeper heel cup and accommodating fit

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1080 v11



Weight: 263g

Fresh foam cushioning and rocker sole

• The NB More v3 is a stable alternative

880 v11
Pitch: 10mm
Cost: \$220
Weight: 298g

• Comes in w

- Comes in wider (4E/2E) widths, solid inexpensive option
- The v10 had a more stable midsole
 and heel counter ⊗

Neutral Runners

*If you have an injury, seek professional advice



www.highettpodiatry.com.au



Pitch: 8mm

Cost: \$230

Weight: 354g



Echelon 8

- Only comes in wide
- Very straight last giving more than enough midfoot width
- Highly cushioned PWRRUN midsole, orthotic suitable
- This and the Brooks Dyad are best wide neutral shoes



Pitch: 12mm

Cost: \$220

Weight: 275g

- Strong heel counter and thermoplastic wave plate
- Ideal as a light stable-neutral runner for rearfoot injuries
- More cushioned than previous model with new Enerzy Foam



Pegasus 38 Pitch: 10mm



Cost: \$180

Weight: 289g

- Lightweight and responsive feel
- Narrower last contoured to the foot shape, best for narrow feet
- Suitable for casual wear and minimalist runners
- Avoid for stability



HOXAONE



- Most cushioned shoe in HOKA range
- High stack height reduces rate of compression and improves rocker

Pitch: 4mm Cost: \$260 Weight: 310g

Clifton 7



- Reduced width and stack height compared to *Bondi*
- Reduced height and weight decreased falls risk

Pitch: 5mm Cost: \$260 Weight: 258g

Ghost 13





- DNA LOFT foam now extends throughout midsole
- Strong heel counter, considered one of the best overall neutral runners
- Accommodates well for orthotics and wide forefoot width

Pitch: 11.5mm Cost: \$230 Weight: 286g

Glycerin 19



- More DNA LOFT than ever to provide supreme cushioning and softness
- Slight rocker and straighter last, ideal for forefoot pressure injuries
- Cost may be a turn off but provides great overall comfort

Pitch: 10mm Cost: \$260 Weight: 289g